

# Getting Started...



## Introduction To New Mexico's Birding Trail

The New Mexico Birding Trail is finally a reality. We have chosen more than 40 sites of the most attractive birding locations throughout southwest New Mexico. A guide has been created that includes maps, birding tips, site descriptions and contact information that should help you easily identify birding sites.

This project was created by the efforts of New Mexico Department of Game and Fish, New Mexico Audubon Society and Council, New Mexico Department of Tourism, U.S. Department of the Interior, National Park Service, The Nature Conservancy, U.S. Forest Service, and the New Mexico Rural Economic Development Through Tourism.

This is a great way for people to get out and enjoy New Mexico's diversity and abundance of bird life as well as learn about the locations for various wildlife activities.

## Birder Vocabulary

Birding by ear: the ability to identify birds by their song or call

Ecotone: the interface between two habitat types

Fallout: the sudden appearance of large numbers of migratory birds, usually songbirds, as a

result of a storm or cold front

Forage: to look for food

Kettle: a dense group of birds circling in a warm-air thermal to gain altitude (typically

raptors in migration)

Overwintering: describes any bird that spends the winter in New Mexico but breeds else-

where

Peeps: slang for any number of small shorebirds that forage in mixed flocks

**Scoping:** scanning with a spotting scope

Stoop: to plunge dramatically in flight, as in hunting peregrine falcons

Stopover: a location where birds rest and feed before continuing on their migration























# Southwest New Mexico Birding Trail

## **Trail Tips**

#### When birding always remember to:

• Carry sunscreen, water, bug repellant, a blanket, a hat and shovel with you at all times. Take a first aid kit, tool kit and spare tire in your car

• Make sure you have enough gasoline to get to desired location and back.

• Make sure that you are traveling to the site at the desired season in order to see the desired birds.

• Make reservations in advance for any "by-appointment only" sites.

• IMPORTANT: Do not enter private property without the owner's permission. Follow all laws, rules and regulations governing the use of roads and public areas.

#### Remember the weather:

 New Mexico has diverse trong spring winds and winds

seasons. The summer rainstorms, strong spring winds and winter snowstorms can come with bad timing. In the warm sun remember to drink plenty of water, wear a hat and use sunscreen to prevent severe sunburn. Rainstorms and snowfall can sometimes make highways and roads slick and difficult to navigate. During winter snowstorms, chains are recommended. Dress appropriately and be prepared for inclement weather.

#### Safety & well being:

- New Mexico's altitude is relatively high and until you acclimate, you may suffer from shortness of breath or tire easily.
- Insects & Snakes: A bug repellant may prevent bites by mosquitoes and gnats. The majority of snakes that you may come in contact with will be nonpoisonous.
- •Bears & Lions: Black bears and mountain lions are fairly common in many of the mountain ranges, however, it is unlikely that you will encounter them. If you do come in contact with them, do not run, stand upright, wave your arms in the air slowly and back away slowly. Do not attempt to touch or feed these animals.

### Legend

Camping



Fees



Handicap Accessible



Hiking



Information



Picnic Area



Restrooms



Water Available



# Southwest New Mexico Birding Trail



### State Birding Trails and more...

Alabama Costal Birding Trail www.alabamacoastlbirdingtrail.com

Audubon Niagara Birding Trail www.buffaloaudubon.org

Central Coast Birding Trail
<a href="http://home.att.net/~aibragg/CentralCoastTrail/">http://home.att.net/~aibragg/CentralCoastTrail/</a>
btmas.html

Colonial Coast Birding Trail www.state.ga.us/dnr/wild/

Great Florida Birding Trail www.floridabirdingtrail.com

Great Pikes Peaks Birding Trail www.greatpikespeakbirdingtrail.org

Great River Birding Trail www.audubon.org/campaign/umr

Great Salt Lake Birding Trails www.wasatchaudubon.org

Great Texas Coastal Birding Trail <u>www.tpwd.state.tx.us</u>

Great Washington Birding Trail <a href="http://wa.audubon.org">http://wa.audubon.org</a>

John James Audubon Birding Trail www.thinkwestkentucky.com

Lake Champlain Birding Trail www.lakechamplainbirding.org

Minnesota's Pine to Prairie Birding Trail www.mnbirdtrail.com

Minnesota River Valley Birding Trail www.birdingtrail.org Southeastern Arizona Birding Trail www.seazbirding.com

TNC Bear Mountain Lodge www.www.bearmountainlodge.com

Virginia Birding and Wildlife Trail www.dgif.state.va.us

### **Other Related Sites**

NM Ornithological Society http://mvar.nmsu.edu/nmos

NM Rare Bird Alert <a href="http://mvar.nmsu.edu/nmos/hotline.html">http://mvar.nmsu.edu/nmos/hotline.html</a>

NM Audubon www.audubon.org/chapter/nm/nm/rdac/index.html

### **Chambers of Commerce**

Deming www.cityofdeming.org

Glenwood www.glenwoodnewmexico.com

Las Cruces www.lascruces.org

Silver City www.silvercity.org

Truth or Consequences www.truthorconsequencesnm.net

Lordsburg www.hidalgocounty.org/lordsburgcoc/